



## Dealing with Testing Times: Remaining Strong, Healthy and Happy in Crises (Paperback)

By Robert Elias Najemy

Strategic Book Publishing Rights Agency, LLC, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Learn how to remain healthy, happy, and positive during Testing Times in this all-encompassing book that will surely enrich your life. Discover how you can transform all situations and events into opportunities to become a stronger, happier person. Cultivate positive thoughts and feelings, and use Energy Psychology to free yourself from fear, anxiety, and other negative emotions. Use Twelve-Step Manifestation Process to manifest your ideal life. Transform your current reality by using methods to create alternative perceptions that result in more inspired solutions. Learn the art of living in the present moment, letting go of the importance you give to what other people think. Discover the power of forgiveness. By creating peace through truth, we open ourselves to the best possible future. This is our challenge. Robert Elias Najemy is dedicated to helping others create a healthier, happier, more harmonious reality. He lived in New England until the age of twelve, spent his high school years in Beirut, Lebanon, and received his degree in Chemical Engineering from Worcester Polytechnic Institute in Worcester, Mass....



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