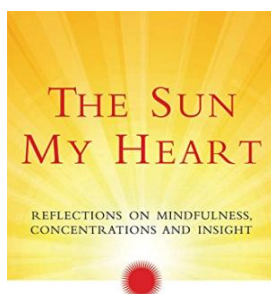


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THE SUN MY HEART: REFLECTIONS ON MINDFULNESS, CONCENTRATIONS AND INSIGHT



Thich Nhat Hanh
Author of The Miracle of Mindfulness

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