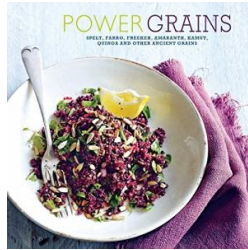


## Power Grains: Spelt, Faro, Freekeh, Amaranth, Kamut, Quinoa and Other Ancient Grains



### Book Review

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