



Secrets of the Mommyhood

By Heather Alexander

Spriggs Merriwether, LLC. Paperback. Book Condition: New. Paperback. 180 pages. Dimensions: 8.3in. x 5.4in. x 0.6in. Secrets of The Mommyhood is the pregnancy book every first-time mom should read to learn about pregnancy, childbirth and having a baby. In a perfect world, an experienced mom would sit down and tell you everything you need to know. But the reality is, most moms with young kids are too busy wiping noses and butts to stop and give you the download. Secrets of The Mommyhood is everything I wish someone had told me about being pregnant, about childbirth and delivery, and becoming a new mom. It will help you: Find out what actually happens during labor and childbirth; Laugh as you read what its like to be a pregnant woman, learn the stages of pregnancy and the many lovely (and not so lovely) bodily changes that happen during pregnancy; Know what to look for when evaluating pediatrician and childcare options; Pack the right things in your hospital bag so you have what you need with its time to give birth; Choose baby gear you will use and avoid spending money on things you wont; Deal with unsolicited advice from random idiots; Know how to...



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